



## Honeywood Farm

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### Honeywood Farm Yoga Retreat - Packages and Pricing

Thank you for inquiring about Honeywood Farm as a venue for your next Yoga Retreat.

Please note we offer a few different pricing options and require a 50% deposit based on a minimum of 8 participants.

Accommodation is in shared cottages, each with a self-contained kitchen and shared bathrooms.

There is a hall suitable for use as a Yoga Shala, however, you will need to bring your own mats, blocks, bolsters and straps.

Honeywood Farm also has several ideal outdoor spots for Yoga practice should you wish to explore Yoga in the forest, at the dam or overlooking the farm.

For small, self-catering groups we suggest Oakvale which can sleep up to 8 people in shared rooms. The front patio is suitable to teach from as is the front lawn.

The farm has a swimming pool and all the cottages on the main side of the farm are within walking distance of the Yoga shala and swimming pool.

### **Additional activities can be arranged, some at an extra cost:**

**Swimming at the Dam** - a deck offers another unique teaching space for up to 8 people.

**Hikes in the Nature Reserve** - permit required at cost of R 100 per person

**Bee talk** - The increase of popularity in Vegan and Vegetarian eating has a ripple effect on nature and even the honey bee. Learn about the nature of bees, beekeeping and the qualities of honey.

**Thai Yoga massage** - We have a therapist available that can be contacted to offer additional Thai massage sessions during your retreat.

**Silent walking meditation guide** - We have a local Yoga teacher and meditation guide familiar with the area who can offer a guided walking meditation.

**Goodie Bags** - Goodie bags for your guests can be tailor-made according to your budget.

Available are a variety of locally produced items such as eye pillows, journals, yoga towels, bags and soy candles. And of course Honey!

***Please be advised that this is a working farm so there may be the odd interruption of a dog or cat strolling in, a truck in the distance or horses snacking on the grass here and there.***

Yoga teachers teaching at Honeywood farm are advised that Honeywood farm insurance and liability will not be liable for any injuries during the classes being taught over the course of your retreat. This is your responsibility and that of your participants.

Honeywood Farm reserves the right to rent other cottages to people during your retreat period. Should you wish to offer the yoga classes to other guests you may negotiate a drop in rate per class.



### **Pricing -**

R 700 per person sharing - inclusive of vegetarian breakfast, lunch and dinner. Menu and meal plan can be discussed

Private rate per person - R 900

R 400 per person per night sharing - excluding meals

R 600 per person per night private room - excluding meals

**Depending on availability and numbers we can recommend which cottages to use.**

### ***Minimum of two nights stay required***

Please note for self-catering option and additional charge of R 200 per day per cottage is incurred should you wish to use cleaning staff.

Linen and towels are provided

Tea and fruit bowls in each cottage

For more information regarding our annual October Yoga retreat and a review of Honeywood Farm:

<https://theresamoodie.com/blog/retreat/honeywood-farm-yoga-retreat-in-review/>

<https://www.yogasouthafrica.co.za/blog/connection-at-honeywood>